

Diving Well Access: Swimming Test

In order to use the diving well, swimmers must take and pass a swim test each season.

Test - SWIMMERS MUST:

- Swim 92 feet in a continuous motion without stopping or touching the bottom of the pool (see diagram). **-AND-**
- Tread water for one minute without feet touching the bottom.

After the Test Is Passed:

- Swimmers name will be recorded on a seasonal log at the front desk.
- Swimmer will receive a wrist band on the date the test is passed.
- Swimmer can receive a wrist band at each visit after passing the test by providing their name at time of admission.
- Wristbands are **required** for diving well use.
- Test is valid for current season only.
- Log is valid for current season only.
- Lifeguards can re-test at any point in the season at their discretion.

Questions? Please email tnolan@twsny.org



